



## 2022-2023 Memo for Grade 7 parents

**What?** Every year Ottawa Public Health organizes vaccine clinics at your child's school.

**When?** We will offer an in-school clinic in the Fall and in the Spring. See the following link for dates: <http://www.parentinginottawa.ca/immunization>

### What vaccines are being offered?

Vaccine	How many doses?	Who is eligible?
Meningococcal (Menactra® or Nimenrix®)	1 dose	All grade 7 to 12 students *Mandatory as of grade 7
Human Papillomavirus (Gardasil® 9)	2 doses or 3 doses (depending on age)	All grade 7 to 12 students
Hepatitis B (Engerix®-B or Recombivax®)	2 doses or 3 doses (depending on age)	All grade 7 to 12 students

### How does my child get the vaccines?

- All students in grade 7 (students born in 2010), receive a package with the consent form for the hepatitis B, human papillomavirus (HPV) and meningococcal disease vaccines.
- These vaccines are publicly funded, so no payment is needed.
- Speak with your child about the vaccines.
- You and your child need to sign the consent form for EACH vaccine you want your child to get.
- Even if you do not want your child vaccinated, fill out the consent form indicating "No" for all vaccines you do not wish your child to receive.

### On the day of the school clinic, your child should:

- Eat a good breakfast.
- Bring an extra juice or snack to school.
- Wear short sleeves or a loose shirt so that the upper arm can be exposed easily, without undressing.
- Bring a mask to wear in the clinic.
- Bring the consent form to school.

**Please note:** For safety, confidentiality, and efficiency, we are not able to accommodate parents who wish to remain with their child during immunization in our school clinics. To discuss alternatives such as community catch-up clinics please call 613-580-6744.

**If your child misses a vaccine in their school clinic,** or if you have questions about the vaccines, please call Ottawa Public Health at 613-580-6744 and ask to speak with a nurse.